Are you stressed? Worried? Anxious? Do feel like most days you are running on empty?

If so, let me invite you to come this Sunday morning to worship. You might think, I'm already overwhelmed, the last thing I need is to go to church!

This Sunday we will be looking at Genesis 2:1-3. On the seventh day of creation, God rests from his work, setting the standard for us to rest.

When we gather to worship on Sunday, we are resting from our work to remember who God is and what he has done through Jesus. I understand that sometimes it isn't easy to come to church. We have to get up early, fight with our kids, and spend part of our day we could be doing something else. However, so often I come weary, but I leave refreshed. Worshipping God brings rest to our soul when we declare God is better than sleeping in, than an extra day of work, more income, or even time with our family.

At the same time, simply going to church is not what gives us rest. Sunday worship should be simply the appetizer for the full rest found only in Christ. In fact, the Sabbath was meant to simply be a picture of the enteral rest we can have only in Jesus. Through Christ we are offered rest from our sin, our guilt, our anxiety, our unrealistic expectations and more. When we trust Christ, we Sunday, February 18 find rest for our souls.

Today how do you need to rest from your works and trust in the finished work of Jesus?

Jesus said, "Come to me, all who labor and are heavy laden, and I will give you rest.²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls." Matthew 11:28-29

In Christ,

Pastor Nathan

Sunday's Worship Guide

"Genesis: Foundation For Life" God's Rest; Genesis 2:1-3; Exodus 20:8-11

- God Completes Creation (1)
- II. God Concludes His Work (2)
- III. God Calls Us To Rest (3)

Weekly Schedule

Sundays

9:00 AM: Worship Service & Small Groups 10:30 AM: Worship Service & Small Groups

4:00 PM: Choir 5:00 PM: Surfside Kids 5:00 PM: Students 5:30 PM: Adults E2E

Tuesdays

7:00 AM: Men's Bible Study at Bob Evans

6:00 PM: Celebrate Recovery

Wednesdays

10:00 AM: Prayer Meeting

Small Groups Meet Throughout the Week at Various Locations

Upcoming Schedule

Saturday, February 10

8:00 AM: Men's Breakfast

10:30 AM: wMu Sunday, February 11

6:00 PM: Students/Young Adults Super Bowl Party

Saturday, February 17

1:00 PM: Boys Students Event (Black Op Paintball)

4:00 PM: Surfside Seniors Event

5:00 PM: Girls Students Event (Home of Stephanie

Cobb)

11:45 AM: Discover Lunch for New and

Prospective Members

Wednesday, February 21 3:00 PM: NHC Devotion Wednesday, February 28

6:00 PM: Church Conference



Students/Young Adults **Super Bowl Party** Sunday, February 11—6:00 PM

Home of Pastor Adam

2023 Contribution Statements

2023 Contribution Statements have been emailed or mailed to the church members. Please contact the church should you have any questions regarding your statement.



The HUGG Team would like to thank everyone that has offered to help with this ministry.



Finally Free

Pornography has enslaved so many men in our culture and even many in the church. This is not a sin that you need to live with, there is real freedom to be found in Jesus Christ.

If you want to know more, reach out to finallyfree@fbcsurfside.org



Surfside Seniors Event: "The Greatest of These is Love" Saturday, February 17

4-6 PM in the Fellowship Hall \$3.00 per person See Sandra Hartley or Nancy Reece to Sign-up



STUDENTS EVENT FEBRUARY 17



Boys
Black Ops Paintball
Time: 1:00 PM
Click here to sign-up



Girls
'Gal'entine's Day
5:00 PM
Home of Stephanie Cobb



Sunday, February 18 11:45 AM

For New and Prospective Members

Call the church office to reserve your spot and order lunch



Church Conference Wednesday, February 28 at 6:00 PM

Welcome New Members!

Please join us in welcoming Fred and Brenda Alley and Tom and Tina McCrary to our First Baptist Church family.



Fred and Brenda Alley